



LISA SMITH

A T.W.I.S.T.E.D. Sister Speaks Out!

My Past

I survived 12 years of unwarranted punishment at the hands of a man who was supposed to love and protect me. That experience made me who I am today. A **T.W.I.S.T.E.D.** Sister and I am NOT going to take it anymore!

Because of my difficult history, I have a special message. My theme applies to virtually any topic. Any group of people will benefit, no matter what their occupation or station in life. My theme is "Your New Future".

In my case, I was 20 years old and pregnant. I was married to a man who hit me, called me names, and committed crimes against me I cannot mention in this bio. I had no real marketable skill-set. One day, I was sitting on my bed crying after an *altercation* and I started to look down the road 20 years. I thought, "Fourty years old! Getting hit every day. Maybe I'll even be dead by then". I couldn't bear to envision the lives of the children I would surely bring along with me. Right then I knew what I had to do. I had to get a **NEW FUTURE**. Immediately, I put a plan into action. I knew my change would not come overnight. But, I knew if I didn't die first things would get better. Eventually, they did.

My Present

With the help of a wonderful husband and team, I have created a public charity and have launched a priceless resource – **The Andere Academy!**

Our mission: To break the cycle of violence by promoting the economic independence of victims, survivors, and those at risk to encounter Domestic Violence and other forms of abuse across the United States by providing a comprehensive web-based bank of professional development programs and workforce readiness training courses at a 'lo to no' financial impact to the learner or sponsor.

Maybe your folks are not facing life and death. But, the message is still true. Stop complaining and wallowing. Stop blaming others around you. Take responsibility. Look at your current path and where it is leading you. Then, decide if it is time for a **NEW FUTURE**. Work, family, personal challenges, entrepreneurial endeavors, or whatever the issues may be - I will challenge every group I speak with to ask this vital question.

As an employer, you are **required by OSHA** to maintain a safe and healthy workplace. Can you identify the abused in your organization? What if your employee's abuser comes to work? Will your other employees know how to handle such delicate and dangerous situations? I want to educate your organization. Let me share my experiences and offer wise direction. It is one thing to read about the statistics. **Hearing directly from a survivor is life-changing.**

Ok. So, now you know me a little better. There is yet oh so much to tell. I have so many stories and experiences. I have so much to offer. Drop me an email with some basics about your meeting or project. I will respond quickly. We will set a time to speak personally. Then, we can decide. After I have heard from you, I can quote you a solid fee. Thanks so much for reading this little bit of my story. Take care. Be happy. Have a **GREAT FUTURE!!**



**Victim No More!
Surviving Every Day!
Speaking Out Always!**



T.W.I.S.T.E.D.

**Tired
Wounded
Indignant
Sorry
Truthful
Empowered
Determined**

